**1st ELGIN SCOUTS**

**RISK ASSESSMENT FOR CYCLING/MOUNTAIN BIKING**

**2023**

**NAME OF DISTRICT/GROUP:** 1st Elgin Scouts

**NAME OF PERSON COMPLETING RISK ASSESSMENT/UPDATE:** Steven Thomson

**DATE OF RISK ASSESSMENT/UPDATE:** 12/03/2023

The aim of this risk assessment is to provide general information on the type of hazards adults and young members (as well as others who may be involved) are exposed to.

The list given is by no means an exhaustive one. Hazards which are not listed but are specific to your visit should be recorded on the blank assessment form



|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Hazard  | Who is at risk | Risk level | Control Measure  | Risk Level after mitigation  |
| Crash/collisions |  All | H | All members to wear a helmet and encourage to wear gloves. Scouts to be brief about trail before setting off (expectations and obstacles)Tracks to be within 30 minutes of road and accessible to emergency vehicle. Scouts to leave time gap between each other on trails. Fastest first to avoid frustration. Scouts to carry personal first aid kits. Stop before hazards or if any unexpected obstacles appear. Scouts brief on what to do in event of crash by activity leader. Leaders to ride at front, middle and end of pack.  | M |
| Road Crossing | All | M | Scouts to get off bike and push bikes across road.Leader to stop traffic.  | L |
| Dehydration  | All | L | Leaders to carry extra water.Scouts to carry minimum 1ltr of water on route. Van at stops to fill water bottles.  | L |
| Fingers trapped/caught | All | M | Scouts briefed not to put fingers in between moving spokes/chains. All encouraged to wear gloves. Bike safety training provided before event. | L |
| Getting Lost  | All | M | All shown the map and route. Travel as a pack. Leader and front, middle and rear of the group with maps. Signposted route so briefed on what to do if lose the rest of the group.Scout can carry mobile phones.  | L |
| Weather | All | M | In the event of poor weather other activities to be provided. Ensure appropriate kit carried for the forecast weather (waterproofs etc)Van nearby for support if wet and cold.  | L |
| Tiredness/fatigue  | All | M | Scouts to carry snacks and water on route. Leaders to provide extra snacks for group.Van nearby to provide support.  | L |